



UNITED GASTROENTEROLOGISTS

Upper Endoscopy Instructions (Esophagogastroduodenoscopy)

PLEASE FOLLOW THESE INSTRUCTIONS CLOSELY

- The duration of this procedure will be approximately 30 minutes. However, you should plan to be at the facility for 2-3 hours.
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.**
- You may take your heart or blood pressure medications with a small sip of water. Please refrain from taking any other medications until the procedure has been completed.
- If you are taking blood thinners such as **Plavix, Aspirin, Coumadin, Effient, or any blood thinners not listed**, please discuss this with your physician.
- You are **required** to have responsible adult driver to take you home (18 years or older), they should be available to remain with you at home. You may not take a taxi or bus.
- You will receive a phone call from the nursing staff at the Endoscopy center prior to your procedure. They will be reviewing ALL medical history, ALL allergies, ALL medications including dosages and answering any questions you may have. We understand that you may have discussed this information with the medical office, for your safety the Endoscopy center will review this with you as well.
- We will contact your insurance company for authorization and verification of benefits. If you have a deductible which has not been met, you will be asked to make a payment to the physician's office prior to your procedure.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT

ORANGE COUNTY LOCATIONS

Los Alamitos: 10861 Cherry St. Ste. 107, Los Alamitos, CA 90720 **Tel: (562) 430-4449** Fax: (855) 833-8378
Huntington Beach: 17822 Beach Blvd. Ste. 437, Huntington Beach, CA 92647 **Tel: (714) 841-7878** Fax: (714) 841-8387
Hoag Health Center – Huntington Beach: 19582 Beach Blvd. Ste. 316, Huntington Beach, CA 92648 **Tel: (714) 378-2403** Fax: (714) 378-2433
Newport Beach: 400 Newport Center Dr. Ste. 609, Newport Beach, CA 92660 **Tel: (949) 760-0398** Fax: (949) 760-9689
Hoag Health Center - Newport Beach: 520 Superior Ave. Ste. 295, Newport Beach, CA 92663 **Tel: (949) 645-1967** Fax: (949) 645-1346
Newport Beach: 901 Dover Dr. Ste. 122, Newport Beach, CA 92660 **Tel: (949) 650-8700** Fax: (949) 650-0877
Fountain Valley: 18111 Brookhurst St., Ste. 5200, Fountain Valley, CA 92708 **Tel: (714) 962-7705** Fax: (714) 861-4552

RIVERSIDE COUNTY LOCATIONS

Loma Linda University Medical Center-Murrieta • Murrieta Pointe • Temecula Valley Endoscopy Center •
Center for Medical Weight Loss • Menifee • Corona • Lake Elsinore • Temecula

SAN DIEGO COUNTY LOCATIONS

Fallbrook